

# POIWHANA / WHANAPŌRO

## NGĀ MAHI

- Kati**  
Save
- Whiu**  
Breach / penalty
- Pare**  
Avoid
- Karo**  
Evade
- Piro**  
Goal
- Tikape**  
Rake with foot
- Tukirae**  
Header

**Whana wāhi**  
Through ball

**Whana hōkai**  
Cross kick

**Whanawhana**  
Dribble ball

**Whana āpure ūhanga**  
Goal kick

**Whana tautuku**  
Penalty kick

**Piro tautuku**  
Penalty goal



## NGĀ TŪRANGA

**Hiku matau**  
Right back

**Kaiārai**  
Defender

**Poumua**  
Forward

**Kaitahi**  
Sweeper

**Kaiārai ūhanga**  
Goal keeper

**Hiku mauī**  
Left back






**Tairere**  
Striker

**Takamua waenga**  
Centre forward

**Hiku waenga**  
Centre back

**Tūhapa**  
Offside

## NGĀ WĀHI

-  **Porowhita**  
Circle
-  **Pou tawhiti**  
Far post
-  **Pou tata**  
Near post
-  **Matohu tautuku**  
Penalty spot
-  **Āpure ūhanga**  
Goal area

